

# Washington Behavioral Risk Factor Surveillance System

## 2003 Tobacco Survey Results

### *Stevens County*

#### What is your age?

n = 270

18 - 34	16.6%	(± 6.9%)
35 - 54	42.2	(± 8.0)
55 - 74	27.1	(± 6.2)
75+	14.1	(± 5.5)

#### Gender

n = 270

Male	45.3%	(± 8.0%)
Female	54.7	(± 8.0)

#### Which one of these groups would you say best represents your race...

n = 264

White	94.8%	(± 2.8%)
Black or African American	0.0	(± 0.0)
Asian	0.4	(± 0.8)
Native Hawaiian or Other Pacific Islander	0.0	(± 0.0)
American Indian, Alaska Native	4.5	(± 2.6)
Other race	0.0	(± 0.0)
No preferred race	0.3	(± 0.5)

#### Are you Hispanic or Latino/Latina?

n = 270

Yes	2.1%	(± 2.1%)
No	97.9	(± 2.1)

#### Marital status

n = 270

Married	59.8%	(± 8.0%)
Divorced	12.2	(± 4.3)
Widowed	10.1	(± 4.3)
Separated	0.7	(± 0.7)
Never been married	11.2	(± 6.0)
Or a member of an unmarried couple	6.0	(± 5.9)

#### How many children less than 18 years of age live in your household?

n = 270

None	60.9%	(± 8.1%)
1	17.6	(± 6.7)
2	12.9	(± 6.5)
3 or more	8.6	(± 4.1)

#### What is the highest grade or year of school you completed?

n = 270

Some high school or less	11.3%	(± 5.6%)
High school graduate or GED	26.0	(± 6.3)
Some college or technical school	40.0	(± 8.0)
College graduate or more	22.7	(± 7.0)

Estimates based on sample sizes less than 50 were omitted.

<b>Are you currently. . .</b>	n = 270	
Employed for wages	42.8%	(± 8.0%)
Self-employed	7.8	(± 4.1)
Out of work	7.6	(± 5.8)
Homemaker	7.3	(± 4.5)
Student	0.3	(± 0.5)
Retired	25.2	(± 6.4)
Or unable to work	9.1	(± 4.0)

<b>Annual household income from all sources</b>	n = 239	
Less than \$20,000	25.4%	(± 7.7%)
\$20,000 to less than \$50,000	55.6	(± 8.5)
\$50,000 or more	19.0	(± 6.1)

<b>Have you smoked at least 100 cigarettes in your entire life?</b>	n = 352	
Yes	53.9%	(± 6.7%)
No	46.1	(± 6.7)

<b><i>Among those that have smoked at least 100 cigarettes in their entire life:</i></b>		
<b>Do you now smoke cigarettes everyday, some days, or not at all?</b>	n = 193	
Everyday	36.7%	(± 8.4%)
Some days	8.5	(± 5.4)
Not at all	54.8	(± 8.7)

<b><i>Among current smokers:</i></b>		
<b>During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?</b>	n = 86	
Yes	44.8%	(± 13.5%)
No	55.2	(± 13.5)

<b>Current cigarette smoking prevalence:</b>	n = 352	
(every day or some day smokers among the whole population)	24.3%	(± 5.6%)

<b><i>Among those that have smoked at least 100 cigarettes:</i></b>		
<b>Did you smoke any cigarettes during the past 30 days?</b>	n = 145	
Yes	48.6%	(± 10.7%)
No	51.4	(± 10.7)

<b><i>Among those that have smoked in the past 30 days:</i></b>		
<b>On how many days of the past 30 days did you smoke cigarettes?</b>	n = 66	
Less than 30 days	18.7%	(± 13.3%)
30 days	81.3	(± 13.3)

<b><i>Among those that have smoked in the past 30 days:</i></b>		
<b>On average, about how many cigarettes per day do you smoke, on the days that you do smoke?</b>	n = 64	
Average:	13.9	(± 3.2)

Estimates based on sample sizes less than 50 were omitted.

<b>Have you ever tried using smokeless tobacco, like chew, dip or snuff?</b>	n = 267
Yes	27.5% (± 7.7%)
No	72.5 (± 7.7)

***Among those that have ever tried smokeless tobacco:***

<b>On how many of the past 30 days did you use smokeless tobacco products?</b>	n = 60
None	68.0% (± 18.2%)
Less than 30 days	12.3 (± 11.1)
30 days	19.7 (± 17.3)

<b>Current smokeless tobacco prevalence:</b>	n = 267
(any use in past 30 days among the whole population)	8.8% (± 6.1%)

<b>Do you currently smoke tobacco in a pipe?</b>	n = 267
Yes	3.2% (± 5.1%)
No	96.8 (± 5.1)

<b>In the past month, have you smoked a cigar, even just a puff?</b>	n = 267
Yes	2.5% (± 2.0%)
No	97.5 (± 2.0)

<b>In the past month, have you smoked bidis?</b>	n = 267
Yes	0.0% (± 0.0%)
No	100.0 (± 0.0)

<b>In the past month, have you smoked clove cigarettes?</b>	n = 267
Yes	0.8% (± 1.3%)
No	99.2 (± 1.3)

<b>Current tobacco use (all types of tobacco)</b>	n = 267
Current daily tobacco user	34.3% (± 8.1%)
Current non-tobacco user	65.7 (± 8.1)

***Among former smokers:***

<b>About how long has it been since you last smoked cigarettes regularly, that is, daily?</b>	n = 78
Within the past month (less than 1 month ago)	5.0% (± 6.6%)
Within the past 3 months (1-3 months ago)	0.0 (± 0.0)
Within the past 6 months (3-6 months ago)	1.5 (± 2.9)
Within the past year (6-12 months ago)	0.8 (± 1.1)
Within the past 5 years (1-5 years ago)	10.4 (± 8.0)
Within the past 15 years (5-15 years ago)	26.2 (± 12.9)
More than 15 years ago	52.2 (± 13.2)
Never used regularly	3.9 (± 5.1)

Estimates based on sample sizes less than 50 were omitted.

**Among former smokers:**

**When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day?** n = 70

Average: 21.8 (± 4.6)

**Among current tobacco users:**

**In the past month, did you buy tobacco on a Native American reservation?** n = 85

Yes 58.6% (± 14.7%)

No 41.4 (± 14.7)

**Among current tobacco users:**

**In the past month, did you buy tobacco from the Internet?** n = 85

Yes 0.0% (± 0.0%)

No 100.0 (± 0.0)

**Among current tobacco users:**

**During the past month, did you buy tobacco outside the state to save money - not just because you were traveling?** n = 85

Yes 4.0% (± 5.9%)

No 96.0 (± 5.9)

**Among current/former tobacco users:**

**People close to me are/were upset by my using tobacco.** n = 142

Strongly agree 39.0% (± 10.6%)

Somewhat agree 21.6 (± 11.5)

Somewhat disagree 22.7 (± 9.8)

Strongly disagree 16.6 (± 7.8)

**Among current/former tobacco users:**

**When was the last time a family member or friend advised you to quit, if ever?** n = 147

Within the past year (1-12 months) 39.2% (± 11.1%)

Within the past three years (1-3 years) 5.5 (± 6.5)

3 or more years ago 22.1 (± 8.4)

They never advised me to quit 33.1 (± 9.8)

**Among current/former tobacco users:**

**When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever?** n = 152

Within the past year (1-12 months) 25.8% (± 11.2%)

Within the past three years (1-3 years) 7.0 (± 6.4)

3 or more years ago 15.9 (± 7.3)

They never advised me to quit 51.3 (± 11.0)

***Among current/former tobacco users:***

<b>When was the last time a DENTIST advised you to quit, if ever?</b>	n = 153	
Within the past year (1-12 months)	10.6%	(± 9.5%)
Within the past three years (1-3 years)	2.7	(± 3.0)
3 or more years ago	4.3	(± 3.5)
They never advised me to quit	82.3	(± 9.9)

***Among those advised to quit:***

<b>Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?</b>	n = 71	
Yes	31.8%	(± 16.3%)
No	68.2	(± 16.3)

***Among current/former tobacco users:***

<b>How many times in your life have you seriously tried to quit using tobacco?</b>	n = 142	
0	12.9%	(± 6.8%)
1-2	43.0	(± 10.6)
3-5	19.4	(± 8.3)
6 or more	24.7	(± 11.4)

**About how long has it been since you last visited a DOCTOR for a routine  
checkup?**

n = 265

Within the past year (1-12 months ago)	73.0%	(± 7.4%)
Within the past two years (1-2 years ago)	10.1	(± 4.3)
Within the past 3 years (2-3 years ago)	3.9	(± 3.0)
Within the past 5 years (3-5 years ago)	3.2	(± 2.6)
5 or more years ago	5.4	(± 3.0)
Never	4.3	(± 5.3)

**What type of health coverage do you use to pay for most of your medical care? Is  
it coverage through. . .**

n = 222

Your employer	33.3%	(± 8.7%)
Someone else's employer	14.7	(± 6.4)
A plan that you or someone buys on your own	11.4	(± 4.9)
Medicare	25.5	(± 6.7)
Medicaid or Medical Assistance	7.8	(± 4.9)
The military, CHAMPUS, or the VA	4.0	(± 3.4)
The Indian Health Service	3.3	(± 2.6)
Some other source	0.0	(± 0.0)

***Among current and recent former smokers:***

<b>Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services?</b>	n = 67	
Yes	44.8%	(± 17.3%)
No	55.2	(± 17.3)

***Among current and recent former smokers:***

**Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco?** n = 68

Yes	5.1%	(± 6.1%)
No	94.9	(± 6.1)

***Among current and recent former smokers with health care coverage:***

**Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications?** n = 53

Yes	27.6%	(± 18.4%)
No	37.2	(± 17.4)
Don't know/Not sure	35.2	(± 17.9)

***Among current and recent former smokers:***

**During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco?** n = 67

Yes	29.7%	(± 16.8%)
No	70.3	(± 16.8)

***Among current and recent former smokers:***

**Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco?** n = 67

Yes	46.6%	(± 17.2%)
No	53.4	(± 17.2)

***Among current and recent former smokers who have heard of the "Quit-Line":***

**Have you called the Quit line?** n = 28

Yes	*	*
No	*	*

***Among current tobacco users:***

**Would you like to quit using tobacco?** n = 75

Yes	61.1%	(± 15.4%)
No	38.9	(± 15.4)

***Among current tobacco users who would like to quit:***

**Are you seriously considering quitting tobacco use within the next 6 months?** n = 49

Yes	*	*
No	*	*

***Among current tobacco users considering quitting within 6 months:***

**Are you planning to stop within the next 30 days?** n = 38

Yes	*	*
No	*	*
Don't know/Not sure	*	*

<b>Are you currently registered to vote?</b>		n = 263
Yes	87.3%	(± 6.0%)
No	12.7	(± 6.0)

<b>Which of the following statements best describes the rules about smoking in your home. . .</b>		n = 261
No one is allowed to smoke anywhere inside your home	73.0%	(± 7.0%)
Smoking is allowed at some places or at some times	13.2	(± 5.1)
Smoking is permitted anywhere inside your home	13.8	(± 5.5)

<b>How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?</b>		n = 266
No current smokers in household	60.5%	(± 8.1%)
1	26.5	(± 6.8)
2	11.1	(± 7.0)
3 or more	1.8	(± 3.1)

<b>On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?</b>		n = 263
None	78.1%	(± 6.4%)
Less than 30	7.8	(± 3.9)
30 days	14.1	(± 5.5)

<b>If it were just up to you, would you let people smoke inside your home?</b>		n = 257
Yes	16.8%	(± 5.8%)
No	83.2	(± 5.8)

***Among people who are currently employed for wages:***

<b>When you are at work, do you spend most of your time in an. . .</b>		n = 130
Office	34.6%	(± 10.3%)
Store	5.4	(± 4.1)
Restaurant or Bar	5.8	(± 4.6)
Warehouse or factory	5.0	(± 5.2)
Home/Someone elses home	15.5	(± 8.2)
Outdoors	12.9	(± 7.1)
Car or truck	3.0	(± 2.8)
Classroom	6.4	(± 4.9)
Hospital	9.6	(± 10.2)
Somewhere else	1.8	(± 3.5)

***Among people who are currently employed for wages:***

<b>Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?</b>		n = 128
Yes	8.2%	(± 5.9%)
No	91.8	(± 5.9)

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges?** n = 129

Yes	9.3%	(± 6.4%)
No	90.7	(± 6.4)

***Among people who are currently employed for wages:***

**Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area?** n = 128

Yes	8.7%	(± 6.6%)
No	91.3	(± 6.6)

***Among people who are currently employed for wages:***

**In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work?** n = 127

None	76.6%	(± 9.7%)
Less than one hour	12.3	(± 7.7)
One hour or more	11.1	(± 6.8)

**In general, would you say that breathing secondhand smoke is. . .** n = 262

Not at all annoying to you	18.0%	(± 5.9%)
A little bit annoying	12.1	(± 5.3)
Somewhat annoying	21.4	(± 6.6)
Very annoying to you	48.6	(± 8.2)

**Would you say that breathing secondhand smoke is. . .** n = 250

Not at all harmful	6.3%	(± 3.8%)
A little bit harmful	8.6	(± 5.0)
Somewhat harmful	23.4	(± 7.1)
Very harmful	61.7	(± 8.2)

**All people should be protected from secondhand smoke.** n = 242

Strongly agree	48.7%	(± 8.5%)
Somewhat agree	25.2	(± 7.1)
Somewhat disagree	14.6	(± 6.2)
Strongly disagree	11.5	(± 6.7)

**All children should be protected from secondhand smoke.** n = 256

Strongly agree	83.8%	(± 6.8%)
Somewhat agree	9.0	(± 4.1)
Somewhat disagree	2.8	(± 2.4)
Strongly disagree	4.5	(± 5.6)

**Do you think that smoking should be completely banned in restaurants?** n = 264

Yes	60.0%	(± 8.1%)
No	34.3	(± 7.8)
Don't know/Not sure	5.7	(± 4.0)



<b>Do you think that smoking should be completely banned in bars and lounges?</b>			n = 261
Yes	24.6%	(± 6.9%)	
No	64.9	(± 7.6)	
Don't know/Not sure	10.5	(± 4.4)	

<b>Do you think that smoking should be completely banned in outdoor public areas where children may be present?</b>			n = 263
Yes	41.8%	(± 8.0%)	
No	54.7	(± 8.1)	
Don't know/Not sure	3.5	(± 2.3)	

<b>Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.</b>			n = 247
Strongly agree	58.3%	(± 8.4%)	
Somewhat agree	21.2	(± 7.4)	
Somewhat disagree	9.5	(± 4.2)	
Strongly disagree	10.9	(± 6.5)	

<b>The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.</b>			n = 249
Strongly agree	38.9%	(± 8.0%)	
Somewhat agree	31.0	(± 7.5)	
Somewhat disagree	12.0	(± 5.5)	
Strongly disagree	18.1	(± 7.1)	

<b>School officials should make sure that all children receive anti-tobacco education.</b>			n = 258
Strongly agree	81.9%	(± 6.6%)	
Somewhat agree	14.0	(± 6.3)	
Somewhat disagree	1.4	(± 1.6)	
Strongly disagree	2.7	(± 2.1)	

<b>Tobacco use by adults should not be allowed on school grounds or at any school events.</b>			n = 257
Strongly agree	83.8%	(± 5.2%)	
Somewhat agree	10.4	(± 4.4)	
Somewhat disagree	2.5	(± 1.9)	
Strongly disagree	3.4	(± 2.5)	

<b>Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?</b>			n = 254
Yes	38.7%	(± 8.3%)	
No	61.3	(± 8.3)	

Estimates based on sample sizes less than 50 were omitted.

***Among people who have seen or heard of community efforts/activities:***

**Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth?**

n = 95

Yes	25.7%	(± 13.4%)
No	74.3	(± 13.4)

***Among people who have seen or heard of community efforts/activities:***

**To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years?**

n = 95

Yes	25.9%	(± 13.2%)
No	50.1	(± 13.7)
Don't know/Not sure	24.1	(± 11.3)

***Among people who know of anti-tobacco organizations in their community:***

**Do you approve of what this local organization is doing to prevent tobacco use and help people quit?**

n = 24

Definitely yes	*	*
Probably yes	*	*
Probably no	*	*
Definitely no	*	*

**There are more negative things than positive things about smoking.**

n = 257

Strongly agree	85.4%	(± 6.0%)
Somewhat agree	13.3	(± 5.9)
Somewhat disagree	0.6	(± 0.7)
Strongly disagree	0.6	(± 0.9)

**Smoking sometimes makes a person more attractive.**

n = 262

Strongly agree	1.3%	(± 1.3%)
Somewhat agree	1.8	(± 1.8)
Somewhat disagree	7.6	(± 4.2)
Strongly disagree	89.3	(± 4.7)

**There are so many things that cause cancer, tobacco use is not going to make any difference.**

n = 248

Strongly agree	4.4%	(± 3.8%)
Somewhat agree	14.0	(± 6.4)
Somewhat disagree	14.4	(± 6.6)
Strongly disagree	67.2	(± 8.5)

**Would you ever use or wear something that has a tobacco company logo or picture on it?**

n = 253

Yes	18.0%	(± 5.8%)
No	82.0	(± 5.8)

<b>Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?</b>	n = 265	
Yes	7.0%	(± 3.6%)
No	93.0	(± 3.6)

<b>During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?</b>	n = 261	
Yes	20.1%	(± 7.3%)
No	79.9	(± 7.3)

<b>During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?</b>	n = 263	
Yes	7.3%	(± 5.5%)
No	92.7	(± 5.5)

<b>Tobacco companies should have the same rights to advertise their products as other companies.</b>	n = 250	
Strongly agree	30.5%	(± 8.1%)
Somewhat agree	34.0	(± 8.1)
Somewhat disagree	12.5	(± 4.9)
Strongly disagree	23.0	(± 6.5)

***Among people with children ages 12 to 17:***

<b>Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . .</b>	n = 45	
We have talked about the dangers of tobacco use many times	*	*
We have had at least one conversation that I can remember	*	*
I don't remember a specific conversation, but my child knows how I feel	*	*
For now, I have not talked with my child about the dangers of tobacco use	*	*

***Among people with children ages 12 to 17:***

<b>Have you told your child specifically that you do not want him or her to use tobacco?</b>	n = 47	
Yes	*	*
No	*	*